

*AGING IN
PLACE ELDER
CARE
SERVICES, INC.*

**2026
ANNUAL
REPORT**





Message from the President & Co-Founder

Our goal is simple: to help older adults remain safely and independently in their own homes while supporting the caregivers who make that possible—family members, friends, neighbors, and other loved ones.

Most seniors want to age at home. They want to remain in the place they know, surrounded by familiar faces, routines, and community connections. Here in Palm Beach County, many older adults are able to do just that because caregivers step up every day to provide support, encouragement, and care.

Those caregivers are often spouses in their 80s, adult children balancing work and family responsibilities, or grandparents raising grandchildren. Many are unpaid. Many are exhausted. And many feel like they are carrying the burden alone. What we see time and again is that seniors rarely leave their homes because they want to. Too often, they leave because caregiving becomes overwhelming and support is no longer available.

At Aging In Place Elder Care Services, Inc., we help close **"Gaps in Services That Support Healthy Aging."** We serve as a trusted source of guidance, connection, and practical assistance for seniors and caregivers. Whether helping families access food, transportation, community resources, advocacy, or safer living environments, our goal is to remove barriers before families reach a crisis point. We also recognize that caregiver health and well-being is just as important as the health of the older adults they support.

For our funders, partners, volunteers, and supporters, **this work represents a smart and meaningful investment in our community.** Supporting seniors and caregivers is one of the most effective ways to help prevent avoidable hospitalizations and unnecessary nursing home placements. It is a community-based solution approach that is both cost-effective and compassionate, while honoring what older adults want most—the ability to remain safely at home with dignity and independence.

Together with our partners and volunteers, we are strengthening existing support systems, reducing caregiver burnout, helping families navigate challenges, and creating opportunities for older adults to age in place successfully. The result is stronger families, stronger communities, and a better quality of life for the seniors we serve. **Thank you for helping seniors to age in place.**

Sharon Y. Frew, President & Co-Founder
Aging In Place Elder Care Services, Inc.





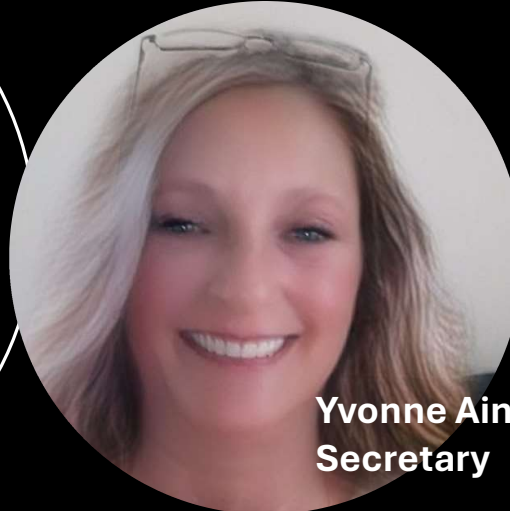
Sharon Y. Frew
President & Co-Founder



Frank T. Buggs, III
Treasurer



Carla Colebrooks
Director



Yvonne Ainbinder
Secretary



Michelle D. White,
Executive Director
and Co-Founder

**Board of
Directors &
Leadership**

Elder Care Team

Our nationally recognized “Aging in Place” program supports seniors through a comprehensive system addressing nutrition, health, finances, and community services. We offer reputable referrals, including end-of-life planning when needed, and maintain ongoing engagement with participants—covering hospital visits, rehabilitation support, funeral attendance, and repast support—to provide seamless, compassionate care.

In FY 2025-26, APECS supported 166 seniors and their caregivers through food assistance, social engagement, resource navigation, advocacy, and wellness activities, helping older adults remain safely and independently in their homes.



Donald Godfrey



Winfred Patrick



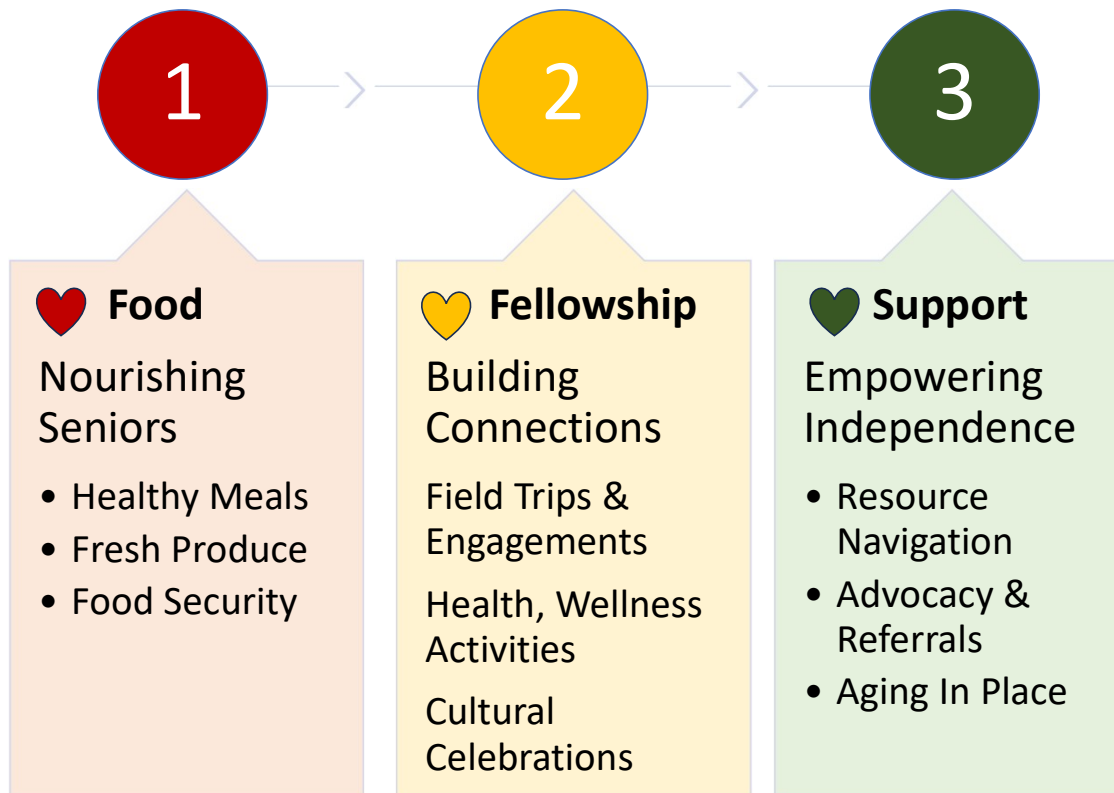
Willie Drayton



Aging In Place Elder Care Services, Inc.

Building Community

Through Food, Fellowship, and Support



Throughout the fiscal year, our Food and Social Activities Program served as a cornerstone of community engagement. By providing opportunities for shared meals, educational gatherings, wellness activities, and social connection, we helped reduce isolation while fostering meaningful relationships among participants.

Food has always been more than nourishment – it creates opportunities for conversation, friendship, and mutual support. Our events brought together older adults, caregivers, volunteers, and community partners in welcoming environments where everyone felt valued and connected.

Community Impact by the Numbers



FOOD, *Nourishing Seniors*
MEALS



4,302 Meals Served

Egg casseroles, salads, soups, and dinners with vegetables and fruit



FOOD, *Nourishing Seniors*
GROCERIES, HOLIDAY BASKETS, & PRODUCE



5,681 *Grocery bags distributed (approx. 227,220 lbs), 100 holiday baskets (with 1,346 lbs fresh produce), turkeys, holiday floral arrangements*

Community Impact by the Numbers



FELLOWSHIP,
Building Connections



6 *Field Trips & Engagements*

6 *Cultural Celebration Events*



FELLOWSHIP,
Building Connections



19 *Health & Wellness Activities*

Community Impact by the Numbers

♥ SUPPORT, *Empowering Independence*

Connecting Seniors and caregivers with resources, referrals, advocacy, and practical assistance that help them safely age in place with dignity.

FLORIDACOMMERCE

2 – *Twice each year, we assist seniors with applications to access The Low-Income Home Energy Assistance Program (LIHEAP) and Elderly Home Energy Assistance Program (EHEAP). Both are federal programs that assist income-qualified households with their energy costs.*

To advocate for seniors caring for loved ones with Alzheimer's, we traveled to Tallahassee to meet with legislators.



Additional financial support comes through partner donations of gift cards for food, toys for grandkids, birthday cake boxes, back-to-school backpacks to help offset holiday expenses

Supporting Vulnerable Older Adults

Our Impact

During FY 2025–2026, Aging In Place Elder Care Services supported 166 older adults living in the community. Nineteen new seniors joined our programs during the year, while the vast majority of participants continued to live safely and independently in their homes and apartments.

Through food assistance, wellness activities, social engagement, advocacy, resource navigation, and caregiver support, we helped older adults access services and supports that reduce isolation, address basic needs, and strengthen their ability to age in place with dignity.

Why It Matters

Helping seniors remain safely at home preserves independence, dignity, familiar routines, and community connections while reducing the need for costly institutional care.

166 Seniors Continued Living
Independently at Home

166
Seniors Served

19 New Seniors
Enrolled

79 Average Age

39
Seniors Age 80 - 102

86 Seniors either
provide care or receive
care from a family
member or friend.

\$23,300
Average Annual Income

31 Live on Less than
\$2,000 a month

24 Seniors Rely
Solely on Social Security
Income

7 Supplement their
income with SNAP (food
assistance) benefits

FISCAL YEAR 2025-2026

FINANCIAL HIGHLIGHTS

Financial Stewardship

DEBT FREE & FINANCIALLY STRONG

Financial Statement FY 2025-2-26

Unaudited
Revenue

Contributions	96,516	
Grants	33,000	
BBA Pantry	16,726	
Merchandise	1,742	
Total Revenue		147,983

Expenses

Adm & Operations	18,316	
Program	74,284	
Total Expenses		92,601

Current Assets

Bank Account	19,762	
A/R	35,625	
Total Current Assets		55,387

Liabilities

Total Current Liabilities		0
Equity		0
Retained Earnings		0
Net Income		55,387
Total Liabilities & Equity		55,387

\$147,983

Total Revenue

\$55,387

Net Assets

\$ 0

Liabilities

\$ 92,601

Total Expenses

18%

Administration &
Operations

82%

Program Expense

Aging In Place Elder Care Services, Inc. ended FY 2025-2026 with \$55,387 in net assets and no liabilities. Through responsible stewardship of community contributions and grant funding, 82% of expenses directly supported programs and services benefiting older adults and caregivers.



Our Volunteers

Many of our seniors who participate in our programs also volunteer their time and talents during our 1st & 3rd Monday gatherings. Volunteers assist with registration, distributing materials, leading games, songs, and exercises, serving meals, and helping with produce distribution. Other volunteers provide invaluable support by picking up pantry donations, delivering groceries and meals, and helping ensure that seniors in our community receive the assistance they need. We proudly celebrate our Volunteer Recognition Day in April. Their dedication, compassion, & service help make our mission possible.





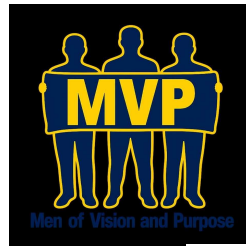
Community Partner Spotlight OCEAN RIDGE GARDEN CLUB

The Ocean Ridge Garden Club generously supports our seniors through floral arrangements and special seasonal gifts that brighten lives and reduce isolation. Their continued partnership reflects the power of community connections in supporting healthy aging.

OUR SENIORS SAY “THANK YOU”

Our Community Partners: *Together, these organizations help expand resources and opportunities for older adults and caregivers throughout Palm Beach County.*







Thank You

Thank you to our donors, volunteers, community partners, caregivers, and friends who make our mission possible.

Together, we are helping older adults remain safely and independently in their homes while strengthening families and building a more compassionate community

Aging In Place Elder Care Services, Inc.

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